

LET THE DIETITIAN
ANSWER YOUR
QUESTIONS

Karin Hosenfeld BS, RD/LD
Registered and Licensed
Dietitian in
Medical Nutrition Therapy



To schedule an
appointment, call
(972) 867-6880

Karin E. Hosenfeld BS, RD/LD
P. O. Box 251594 Plano, TX 75025

NUTRITION
COUNSELING



*Raising Healthy
Children...*

Tel: (972) 867-6880

NUTRITION COUNSELING



- Are you confused about what to feed your child and how much?
- Are you concerned about your child's weight?
- Has your pediatrician recommended a special diet for your child based on an existing disease state?
- Are you concerned your child isn't getting the proper nutrition?
- Are you ready to give your child a healthy future and the best start possible?

Medical Resource

A **registered dietitian** is a reliable source of information. Consulting with a dietitian can help you and your child create a healthy relationship with food. You will learn how to manage unhealthy eating patterns and therefore help prevent nutrition-related medical complications in your child.

Karin Hosenfeld BS, RD/LD will help you give your child the gift of a healthier future through an individualized nutrition program.



Services Provided

Karin provides medical nutrition therapy for a broad range of nutrition needs, from infancy through the older adult, including:

- Pregnancy and Lactation
- Infant Feeding Guidance
- Pediatric Diabetes
- Pediatric Weight Management
- High Blood Pressure
- High Cholesterol
- Anemia
- Digestive Disorders
- Cancer
- Cystic Fibrosis
- Renal disease
- Food Allergies
- PKU

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