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Wt. _____ %

ONE-MONTH VISIT

Always buckle baby into car seat.

Never leave baby alone with pets and/or young siblings.

Place baby on back or side to sleep.

Bath: Check water temperature; never leave baby alone in bathtub.

Crying may increase late in the day.

Breast-feeding: Feed 8-12 times a day, 10 min. on at least one side/feeding; baby should be having 8-12 wet diapers/day.

Start Polyvisol (no iron) 1cc/day.

Formula feeding: Prepare formula according to directions on container; demand schedule.

Some spitting up after feeding is normal but should not be projectile vomiting; always burp baby well.

Fever is unusual before two months of age; call office if baby has a fever over 99.5 degrees F under the arm.

AT THIS VISIT YOUR CHILD MAY RECEIVE THE FOLLOWING IMMUNIZATION:

HEP B

Return to hospital of birth for neonatal screen if not done at 2-week exam

NEXT WELL CHILD VISIT:

At 2 months of age: 1st DTaP, Hib, Polio and Prevnar will be given.