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### **SIX-MONTH VISIT**

Post Poison Control Center number near your phone. (1-800-222-1222)

Child-proof your house:

Household products and medicines locked up.

Electrical outlets, cords, couplings protected.

Plastic bags, balloons, small objects out of reach.

Gates on stairs and guards on windows.

Get down on baby's level and look for hazards.

Nighttime awakenings may occur due to separation anxiety; pat baby and reassure of your presence, but do not take him/her out of crib or feed.

Begin using a cup for water or juice.

Start finger foods—large crackers, bagels, etc.

Clean teeth after feedings by wiping well with a washcloth.

Start playing simple games like peek-a-boo, so-big, and hide-and-seek; read & sing to baby; encourage vocalizations.

Baby may start getting attached to security objects—blanket, stuffed animal.

### **AT THIS VISIT YOUR CHILD MAY RECEIVE THE FOLLOWING IMMUNIZATIONS:**

DTaP    Hib    Polio    Prevnar    Hep B

### **NEXT WELL CHILD VISIT:**

At 9 months of age; Hep B will be given and blood will be drawn to check for anemia.

**Pediatric Associates of North Texas**

**972-867-6880**