



CPR—Toilet Training Links

Contemporary Pediatrics Resources

Most parents feel a regret when their baby stops breastfeeding, or moves from a bottle to a cup. Understandably, that feeling isn't as pronounced when they toilet-train their child, and don't have to deal with wipes, creams, squirming toddlers, or a dreaded diaper blowout. "Getting it right the first time" is the topic of a new *Contemporary Pediatrics* podcast on toilet training. For children who don't easily take to the seat, training is often a struggle. Advice on the subject is as easy to come by as hiccup remedies, and unfortunately about as effective. These links offer some scientific research, some old wives' tales, and some dubious claims—in other words, the same mix parents get bombarded with.

3-day Potty Training:

www.3daypottytraining.com
Site sells a three-day potty training method, but requires registration, including the child's name.

AAP's Children's Health Topics:

Toilet Training:
www.aap.org/healthtopics/toilettraining.cfm
The American Association of Pediatrics is as definitive as a site can get.

Easy Ups:

http://us.pampers.com/en_US/learning.do?page=tpc_dev_potty_home
Pampers' potty training center.

Going Potty:

www.goingpotty.net
Its method focuses on looking for signs in a toddler of being ready to potty train.

Hop On!

www.musicalpotty.com
A musical potty.

Infant Potty Training:

www.timl.com/ipt
The surprising idea that not just toddlers but infants can be taught toilet training.

Let's Go Potty:

www.letsGOPotty.com
A video for parents to teach their children.

Mayo Clinic's Potty Training Page:

www.mayoclinic.com/health/potty-training/CC00060
Good advice from Rochester, Minn.

No More Diapers:

www.nomoreDiapers.net
A site for a training book, which includes 30 reward stickers.

Peter Potty:

www.peterpotty.com
Just for boys, a potty urinal.

Potty Patty/Potty Scotty:

www.pottypatty.com and
www.pottyscotty.com
Gender-specific sites for pink and blue toilet-training products.

The Potty MD:

www.pottymd.com
Advised by a pediatric urologist, offering advice and products.

Potty Training:

www.drGreene.com/54_19.html
From the Dr. Greene Web site.

Potty Training Readiness:

www.keepkidshealthy.com/parenting_tips/potty_training/index.html
From Keep Kids Healthy.com.

The Potty Trainer:

www.thepottytrainer.com
This homemade site promises three-day results, regardless of developmental delays, sex, age, or even if the child is unborn!

Potty Training Tips:

www.pottytrainingtips.com
A parent-run site, with links to various potty-training pages.

Potty Training Concepts:

www.pottytrainingconcepts.com
An online retailer of training products.

Potty Training Solutions:

www.pottytrainingsolutions.com
Another online retailer.

Potty Training Stuff:

www.pottytrainingstuff.com
Featuring the Potti Pets, animal-shaped charts with stickers for kids to note when they successfully used the potty.

Potty Training Rewards:

www.pottytrainingrewards.com
An advent-style calendar for the potty, with a chocolate for each time the child uses the toilet.

The Potty Song:

www.pottysong.com
A singer will add you child's name to a song celebrating their accomplishment.

The Potty Stool:

www.thepottystool.com
Ignoring the punny name, it's a small stepladder with handles for the toilet.

Pull-Ups:

www.pull-ups.com
Huggies' page for its training pants offers basic potty-training tips.

Sinkems:

www.sinkems.com
Dissolving colorful targets to place in the water. Better for boys than girls.

Toilet Training:

<http://extension.missouri.edu/xplor/hesguide/humanrel/gh6128.htm>
A printable guide for parents from the University of Missouri.

Toilet Training: Getting It Right The First Time:

www.contemporarypediatrics.com/Radio_Peds
Contemporary Pediatrics' own podcast on the subject.

Toilet Training Your Child:

www.familydoctor.org/179.xml
From the American Academy of Family Physicians.

Toilet-Training:

www.askdrsears.com/html/10/T106600.asp
From Ask Dr. Sears.