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Wt. \_\_\_\_\_ % Ht. \_\_\_\_\_ % Head \_\_\_\_\_ %

**NINE-MONTH VISIT**

Continue to be very vigilant for safety hazards in your baby's environment.

Ensure safety around water-pools, bathtubs, buckets of water, etc.

Install gates at the top and bottom of the stairs.

Do not convert your car seat to forward facing until 2 years old.

Start weaning off the bottle so baby will be completely off by 12 months.

Encourage eating finger foods and drinking from a cup.

Avoid dangerous foods such as peanuts, popcorn, grapes, hard candy and hot dogs. They are a choking hazard.

Provide opportunities for baby to explore the environment.

Establish bedtime and mealtime routines.

Discipline at this age should include stimulus control, distraction, and structuring the environment so it is safe.

**AT THIS VISIT YOUR CHILD MAY RECEIVE THE FOLLOWING IMMUNIZATIONS:**

DTaP

Hib

Polio

Prevnar

Hep B Flu

**NEXT WELL CHILD VISIT:**

At 12 months of age; 1<sup>st</sup> MMR, Prevnar, and the first vaccine for Chicken Pox will be given.